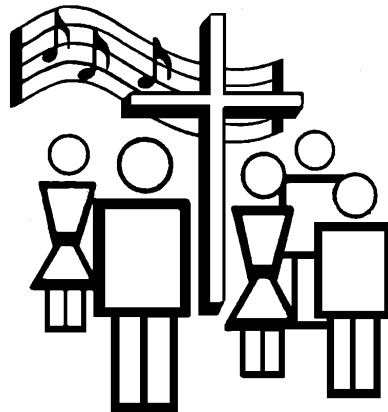


*Discovering My
Ministry*
ASSESSMENT TOOLS



New Song
Community Church

Identifying My Unique S.H.A.P.E.

We've selected tools to help you discover and think through the five factors that make up who you are.

- ***“Uniquely You Profile - Spiritual Gifts”*** will give you an overview of spiritual gifts and help you identify which ones you may have been given by God. (Already completed)
- ***“Monitoring your heartbeat”*** will help you clarify what you really love to do.
- ***“Applying your abilities”*** will help you appreciate the natural talents and vocational skills you have.
- ***“Uniquely You Profile - DISC ”*** will help you see how your God-given temperament can best be used in ministry. (Already completed)
- ***“Examining your experiences”*** will help you review your history to discover how God has prepared you for a unique ministry that only you can fulfill.

Remember:

1. Have fun! These are not “tests”! There are no right or wrong answers. The purpose is to show how you are a unique blend!
2. Each one is self-evaluating. No one is “rating” you on this. We're interested in your feelings, not others. However it may be helpful to ask for additional input from those closest to you after you've filled in your own responses.
3. The value of each of these tools will vary depending on your age, how long you've been a Christian, your background, your honesty, and how much time and serious thinking you're willing to invest in them!

Monitoring My Heartbeat

Please remember to record your responses on your S.H.A.P.E. profile.

Instructions: Circle or check the items that best describe you. If none of the words on the list fit you, feel free to add your own on the “other” line at the bottom of the page.

Circle the following Roles you enjoy fulfilling

1. My Passion for a Role: I love to...

DESIGN/DEVELOP - I love to make something out of nothing. I enjoy getting something started from scratch.

PIONEER - I love to test and try out new concepts. I am not afraid to risk failure.

ORGANIZE - I love to bring order out of chaos. I enjoy organizing something that is already started.

OPERATE/MAINTAIN - I love to efficiently maintain something that is already organized.

SERVE/HELP - I love to assist others in their responsibilities. I enjoy helping others succeed.

ACQUIRE/POSSESS - I love to shop, collect, or obtain things. I enjoy getting the highest quality for the best price.

EXCEL - I love to be the best and make my team the best. I enjoy setting and attaining the highest standard.

INFLUENCE - I love to convert people to my way of thinking. I enjoy shaping the attitudes and behavior of others.

PERFORM - I love to be on stage and receive the attention of others. I enjoy being in the limelight.

IMPROVE - I love to make things better. I enjoy taking something that someone else has designed or started and improve it.

REPAIR - I love to fix what is broken or change what is out of date.

LEAD/BE IN CHARGE - I love to lead the way, oversee and supervise. I enjoy determining how things will be done.

PERSEVERE - I love to see things to completion. I enjoy persisting at something until it is finished.

FOLLOW THE RULES - I love to operate by policies and procedures. I enjoy meeting the expectations of an organization or boss.

PREVAIL - I love to fight for what is right and oppose what is wrong. I enjoy overcoming injustice.

OTHER _____

Circle the following **People** on whom you feel you can make the greatest impact.

2. My Passion for People: I love to be or work with...

- | | |
|---------------------|------------------|
| Infants/Babies | Women |
| Toddlers | Men |
| Preschool Children | Singles |
| Elementary Children | Single Parents |
| Jr. High Students | Families |
| High School | Couples |
| College/Career | Older Adults 60+ |
| Young Married | Other _____ |

Circle the following **Causes** you feel led to champion!

3. My Passion for a Cause: I get excited about...

- | | |
|--------------------------------|-----------------------------------|
| Parenting | Evangelism |
| Families/Marriage | World Evangelization |
| At-Risk Children | Fellowship |
| Abuse/Violence | Mobilizing People for Ministry |
| Financial Management | Worship |
| Divorce Recovery | Policy and/or Politics |
| Disabilities and/or Support | Race |
| Deafness | Business and the Economy |
| Blindness | Relief Efforts |
| Law and/or Justice System | Ethics |
| Sanctity of Life | Health and/or Fitness |
| Homelessness | Science and/or Technology |
| Drug and Alcohol Recovery | Environment |
| Compulsive Behavior Recovery | International and Global Affairs |
| Illness and/or Injury | Regional, State or Federal Issues |
| Sexuality and/or Gender Issues | Community/ Neighborhood Issues |
| Education | Other _____ |

Taking A Spiritual EKG

If you are like most people, you have never taken time to sort out and identify the things you are good at and motivated to accomplish. As a result, it is unlikely that you use these talents as completely or effectively as you could. The key to understanding your heartbeat is to look at your past accomplishments.

This exercise is adapted from the book "Finding A Job You Can Love" by Ralph Mattson & Arthur Miller (Nelson, 1982). We highly recommend that you read this book!

STEP 1: List and Describe Your Accomplishments Since Childhood

Examples:

- "I put on plays for the neighborhood kids with costumes, props, etc. We transformed the shed in back of our house into a fairyland with lighting effects, decorations, and princesses."
- "I started a 'kool-aid' stand in 4th grade and expanded it into three different stands. It was fun and I made money!"
- "I had a job as a printer's assistant and developed a method of cutting stereotypes which was faster and more accurate."
- "I ran for president of everything (and won sometimes) when I was in school."
- "I have always liked to build things. Before I got married, I completely rebuilt the little apartment I was living in."
- "I successfully led protest marches against toxic wastes in my hometown and got local t.v. coverage."
- "I set a goal to read fifteen books over the summer and I did."

What to Include:

- Accomplishments at home, school, work etc.
 - Things you enjoyed doing.
 - Things you believe you did well.
 - Give specific details about what you did
 - Forget what other people think about it.
1. Remember, you're recalling things you enjoyed doing and did well (accomplishments), not simply pleasant experiences.

Bad Example: Had a great vacation in Banff.

Good: Took some stunning photos during my vacation.

2. You do not have to cover every year of your life. Just focus on what you feel are the highlights of things you've done.

My highlights of things I did well and enjoyed doing during my grade school years.

1.

2.

As a teenager

1.

2.

3.

In College or early 20's

1.

2.

3.

4.

In my "thirtysomething" years

1.

2.

3.

4.

Complete Up To Your Present

1.

2.

3.

4.

APPLYING MY ABILITIES

Please remember to record your responses on your S.H.A.P.E. profile.

Instructions: Circle the abilities that best describe you below. If none of the words on the list fits you, feel free to add your own on the “other” line.

Circle the following Abilities that apply to your life!

1. **Entertaining ability:** To perform, act, speak, sing
2. **Recruiting ability:** to enlist and motivate people to get involved
3. **Interview ability:** to discover what others are really like
4. **Researching ability:** to read, gather information, collect data
5. **Artistic ability:** to create or design
6. **Graphics ability:** to lay out, design, create visual displays or banners
7. **Evaluating ability:** to analyze data and draw conclusions
8. **Planning ability:** to strategize, design and organize programs and events
9. **Managing ability:** to supervise people to accomplish a task or event and coordinate the details
10. **Counseling/Encouraging ability:** to listen, encourage and guide with sensitivity
11. **Athletic ability:** to coach or participate in a sport
12. **Teaching ability:** to explain, train, demonstrate, tutor
13. **Writing ability:** to write articles, letters, books
14. **Linguistic ability:** to speak and write in one or more of the following languages

American Sign

Spanish

French

German

Dutch

Danish

Romanian

Portuguese

Japanese

Tagalog

Hindi

Other Asian

Farsi

Hebrew

Italian

Swedish

Greek

Russian

Other Slavic Languages

Other European

Chinese

Korean

Arabic

Kurdish

Other Middle Eastern

African Languages

Other _____

15. **Editing ability:** to proofread or rewrite

16. **Promoting ability:** to advertise or promote events and activities

17. **Repairing ability:** to fix, restore, maintain

18. **Hobby related ability:** to work with your hands in the following areas

Canning

Woodworking

Gardening

Sewing

Knitting/Crocheting

Cooking

Furniture Construction/Repair

Other _____

19. **Feeding ability:** to create meals for large or small groups

20. **Recall ability:** to remember or recall names and faces

21. **Mechanical operating ability:** to operate equipment, tools or machinery

22. **Technical ability:** to operate/repair equipment in the following area(s)

Recording Studio

Audio/Technical Support

Information Systems (Web)

Set Up/Tear Down

Media/Tape

PowerPoint

Video Artist/Technician

Lighting Technician

Other _____

23. **Resourceful ability:** to search out and find inexpensive materials or resources needed

24. **Counting ability:** to work with numbers, data or money

25. **Classifying ability:** to systematize and file books, data, records and materials so they can be retrieved easily

26. **Public Relations ability:** to handle complaints and unhappy people with care and maturity

27. **Welcoming ability:** to convey warmth, develop rapport, make others feel comfortable

28. **Musical ability:** to sing or play a musical instrument

29. **Landscaping ability:** to do gardening and work with plants

30. **Decorating ability:** to beautify a setting for a special event

31. **Other** _____

EXAMINING MY EXPERIENCES

Please remember to record your responses on your S.H.A.P.E. profile.

Instructions: As you look over the “experience” word list for each of these areas, ask God to help you identify which ones describe you and your experiences. Circle all the areas that apply to your life in each of the 5 areas. If necessary, use the “other” line at the end of each area to write in your unique personal experience.

Circle Your Spiritual Experiences

I. Spiritual Experiences

- Baptized
- Community Outreach
- Cross Cultural Ministry
- Led Someone to Christ
- Member of a Small Group
- Member of New Song
- Regularly Give Back to God
- Regularly Pray
- Regularly Read the Bible
- Serving in a Ministry
- Other _____

Circle Your Painful Experiences

II. Painful Experiences (I can relate to someone who is/or has gone through...)

- Abortion
- Abuse
- Adoption
- Alcoholism
- Alzheimer's/Dementia
- Annulment of Marriage
- Bankruptcy
- Cancer
- Chronic Pain
- Crisis Pregnancy
- Death/Grief
- Depression
- Divorce
- Drug Abuse/Addiction
- Eating Disorder
- Extended Court Proceedings
- Extended Depression
- Extended Job Loss
- Extended Physical Illness/Injury
- Handicapped/Disabled
- Homeless

- Military Wartime Service
- Miscarriage
- Orphaned
- Prison
- Recovery Program
- Remarried
- Separated and/or Restored Marriage
- Sexual Compulsion
- Suicide of Family Member
- Widowed
- Other _____

Circle Your Educational Experiences

III. Educational Experiences

- High School Diploma
- Associate of Arts Degree
- Bachelor Degree
- Masters Degree
- PHD/Doctoral Degree
- Specialized Advanced Training
- Other _____

Circle Your Work Experiences

IV. Work Experiences

- Agriculture/Animal Husbandry
- Automotive
- Management
- Manufacturing
- Mechanic/Maintenance
- Sales/Marketing
- Other _____
- Business
- Administrative Support
- Advertising/Marketing
- Chemicals
- Consulting
- Construction/Building
- Financial Services
- Food/Restaurant Services
- Manufacturing

- **Business (cont.)**

- o Personal Care Products/Services
- o Personnel/Human Relations
- o Project/Area Management
- o Product Receiving/Delivery
- o Property Management
- o Public Relations
- o Purchasing
- o Real Estate
- o Recruiting/Head Hunting
- o Sales/Retail
- o Service/Customer Relations
- o Sewing
- o Small Business Owner
- o Other _____

- **Creative Arts**

- o Architecture
- o Advertising
- o Computer Arts
- o Fashion
- o Fine Arts
- o Graphic Design
- o Illustration
- o Industrial Design
- o Interior Architecture & Design
- o Motion Pictures & Television
- o Photographer

- **Computer**

- o Consulting
- o Data Entry/Management
- o Graphics
- o Hardware
- o Info Systems/Tech Support
- o Printing
- o Software
- o Web Based
- o Other _____

- **Engineering**

- **Entertainment**

- o Actor/Actress
- o Banquets/Events
- o Hotel Services
- o Media (Radio, Video, Film, etc.)
- o Resorts/Theme Parks
- o Other _____

- **Medical**

- o Administrative/Support Services
- o Chiropractic
- o Dental
- o Dermatology
- o General
- o Geriatrics
- o Internal
- o Mental Health
- o Nursing
- o Nutrition
- o Obstetrics/Gynecology
- o Ophthalmology/Optometry
- o Orthodontics
- o Pathology
- o Pediatrics
- o Pharmacology
- o Physical/Occupational Therapy
- o Podiatry
- o Sales/Services

- **Medical (continued)**

- o Speech Pathology
- o Surgery
- o Other _____

- **Military**

- o Air Force
- o Army
- o Coast Guard
- o Marines
- o Navy
- o Other _____

- **Public/Civil Services**

- o Fire protection
- o Government Services
- o Immigration Services
- o Internal Revenue Service
- o Investigation
- o Law Enforcement/Security
- o Policy/Permit
- o Postal Services
- o Social/Community Services
- o Transportation
- o Other _____

- **Retired**

- **Student**

- Tax/Legal/Court Services

- o Attorney
- o Certified Public Accountant
- o Court Services
- o Paralegal
- o Prisoner Services (Bail, Parole)
- o Other _____

- Transportation

- o Airline Attendant
- o Airline Pilot
- o Air Traffic Control
- o Bus/Truck/Automobile Driver
- o Railroad
- o Travel Agency/Services
- o Other _____

- Utilities

- o Cable Television
- o Gas/Electric
- o Phone
- o Service/Sales/Mgmt/Install
- o Water
- o Other _____

- Vocational Ministry

- o Administrator
- o Director
- o Pastor

Circle 1 to 3 of Your Ministry Experiences

V. Ministry Experiences

- I have worked with...(Age/Life stage)

- o College/Career
- o Couples
- o Elementary Students
- o Family
- o High School Students
- o Infants/Babies
- o Junior High Students
- o Men
- o Preschool Students
- o Senior Adults
- o Single Adults
- o Young Marrieds
- o Women
- o Other _____

- Ministry Roles/Functions

- o Administrative Support
- o Baking/Cooking
- o Baptism
- o Bible Teacher
- o Camp Counselor
- o Career Missions/World Impact
- o Children's Ministry
- o Choir
- o Church Life (Weddings, Funerals, Anniversaries, etc)
- o Cleaning/Maintenance/Repair
- o Communications/Tech/Graphics
- o Communion
- o Deaf Ministry
- o Disciple/Mentor
- o Discussion/Table Leader
- o Drama
- o Food Preparation/Café
- o Facilities Oversight
- o Financial Counselor
- o Greeter/Usher
- o Hosting
- o Hospital Care
- o In Home Care/Senior Ministry
- o Lay Counselor
- o Library
- o Media/Tape
- o Musician
- o Prayer Team
- o Prison Ministry
- o Program/Event Coordinator
- o Retreat Planning
- o Security
- o Set Up/Tear Down
- o Small Group Leader
- o Speaker/Trainer
- o Technical/AV Support
- o Traffic
- o Van/Bus/Truck Driver
- o Writing
- o Worship Leader
- o Other _____

Your SHAPE Profile

Name: _____ Date: _____

	Findings	Notes
Spiritual Gifts		
Heart		
Abilities		
Personality		
Experiences		
Conflict Style		

I commit to serve inside the church body and beyond the walls using my God given SHAPE both as gifted and needed.
